NOVEMBER

# CASA COASTER

This publication of the Social & Welcoming Committee does not necessarily reflect the views of the Board of Directors nor managing agent of Casa Costa.

November 6, 2023 | Volume II, Issue Nine | CasaCoaster.com

## What's News

### *Neighborhood*

★ City officials took advantage of a burst sewer pipe to fast-track plans for 600 ft. of Boynton Beach Blvd. **A8**

### *Casa Costa*

★ Owners consider a special assessment to pay for repairs at a special meeting. **A2**

★ Judges declared the cutest, funniest and scariest dogs on parade at a pre-Halloween fundraiser. **A4**

## INSIDE

**TRIVIAL PURSUITS**
Know-it-alls from Casa Costa competed for prizes and fame at the marina and barbershop downstairs. **A6**

EST. 2022
CASA COASTER
Boynton Beach, Fla.
CasaCoaster.com
SOUTH FLORIDA'S #1 POOLSIDE AMUSEMENT



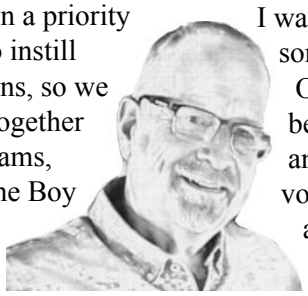
J.T. HARRINGTON

**DOUBLE FEATURE: The Social & Welcoming Committee hosted 25 residents Oct. 19 for a healthcare seminar and poolside screening of *What About Bob?*, a 1991 comedy with Bill Murray.**

## *Vincentian volunteers*

### I became one of 800,000 volunteers with roots in nineteenth century Paris

Volunteering where I live has always been a priority for me. I wanted to instill this value in my sons, so we used to volunteer together with their sports teams, their schools and the Boy Scouts when they were younger. My wife and I taught them the importance of helping others and giving back. However, as my sons grew up, volunteer opportunities became fewer and I kept making excuses that I was too busy, but someday…



**Mister B's Neighborhood**

Once I retired, I began to think more and more about volunteering. I have always felt grateful for the people and things in my life, but now I felt the need to do more in my community.

Before coming to Boynton Beach, I volunteered at a soup

*Please turn to page A6*

## Owners to vote on financing for repair job

As the board negotiates with contractors and banks to fix and paint the face of the building, owners are considering how to pay the bill.

The funding decision comes at crunch time for the association, which must approve a budget for next year in the coming weeks. Among other items, the board is recommending that owners approve a $7 million special assessment and allow it to borrow the money on behalf of owners who wish to finance their shares of the assessment over time.

*Please turn to page A2*

# Major votes set for mid-November

*Continued from page A1*

"A special assessment is the obvious route," said president Jake Harrington. "The alternative forces the board to add $7 million to next year's monthly dues – with no financing option."

Late fall is always busy for Casa Costa's Finance Committee and property manager as they prepare the proposed budget for the following year. Changes to state laws add more complexity this time around, shifting decision-making to outside auditors and requiring broader participation from condo owners to vote on certain items. What's more, nearly 150 owners are not enrolled to receive electronic notices, so building staffers need to print and mail over 10,000 pages in advance of the budget meeting.

Getting out the vote is crucial for the association to avoid nearly tripling monthly dues next year to fund the overdue repair and paint job.

In a memo sent to owners with the budget proposals, Mr. Harrington wrote on the board's behalf that "while none of us want wasteful increases to the cost of owning here, it's past time for reality-based financial planning." This strategy includes the special assessment and also removing $5 million of discretionary items from the reserve to minimize the burden of monthly dues.

The bar is high to pass the measures, and the thresholds are different owing to complicated governing documents and a rigid new law. To pass, one of the measures requires 204 owners to vote.

The board is hopeful that a combination of an e-voting option, workshops to answer questions and combining the decisions to a single evening of meetings on Nov. 20 will compel owners.

*The Social & Welcoming Committee strongly endorses a vote "In Favor" of each of the five measures.*

## Trivial pursuits very important to local teams







J.T. HARRINGTON

**Above, five residents and one furry mascot took first place Oct. 18 at the weekly trivia contest at Two Georges Waterfront Grille. The next week, the Social & Welcoming Committee hosted a quiz night at QURE Barbershop, where teams competed for prizes, surrounded by local artwork.**

CASACOSTASOCIAL



Thanksgiving kickoff

SUNDAY
NOV. 19
$25

R.s.v.p. online

CasaCostaBB.com

*EARLY BIRD PRICE



Holiday party

THURSDAY
DEC. 7
$25*



**Roberta Mann**
Realtor, Social & Welcoming Committee Chairperson

For 36 years I have been a real estate agent, first in Pittsburgh and now in South Florida. I wear two hats: a realtor who sells properties throughout Palm Beach County, second, with our wonderful team planning lots of fun events with more and more residents attending.

**(412) 999-2888**
roberta.mann@cbrealty.com



"I want to comment on Ms. Roberta Mann. She was the selling agent in my acquisition of my condo at Casa Costa. Impeccable and professional, easily accessible on text or call always for any questions that arose. From the process of finding the right fit, title company, inspection – it was seamless. I recently called Roberta, last minute, to look at another property, and again she was there immediately to assist me! If you're looking for the best, forget the rest! Trust Roberta to do it right!"
**–Jonathan Fay**

I'm proud to represent buyers, sellers, renters and investors at Casa Costa, including… 606N, PH15N, 515S, 612S, 715S, 801S, 903S, 904S, 1014S, 1015S, and counting!

# Are you drinking water all wrong?

PART TWO OF TWO

Don't wait till your body tells you it's thirsty. "That's too late to really hydrate," says a former soccer trainer. "Especially now in the hotter climates, we're already in a bit of a dehydrated state." But don't just slam water. "There's only so much water that the stomach and gut can absorb."

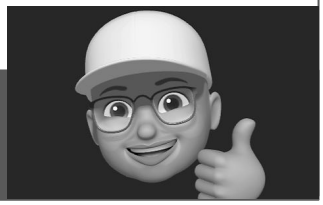
Medications interfere with your natural ability to hydrate. Certain antidepressants, diuretics and blood pressure medicine interfere with kidney function and electrolyte levels. Diabetes already increases the need to urinate, so diabetics need to closely monitor fluid intake.

Be mindful. If you stop sweating, that's a bad sign, because your body is conserving the little fluid it has to keep blood pumping to your muscles. Dropping water levels in the blood makes blood pressure drop and heart rate spike. The body is doing what it can to minimize loss of precious fluid. Eventually your internal temperature rises and even drinking water won't help. First you need to cool down your exterior with damp cloths and ice packs.

Rest in the shade or inside with A/C and fans. Take a shower or pat down with a damp cloth. Slowly drink water. Chugging can intensify the imbalance between your body and electrolytes and it's hard on your stomach. It can take an hour to recover.

ADAPTED FROM NATIONAL GEOGRAPHIC

**I read the fitness news so you don't need to.**
**Join Bobby Hall's aquatics class Mon-Wed-Fri at 9am in the pool.**



# Howl-oween hounds parade for prizes, donate to shelter



Buddy, best overall.



Parade organizer Michelle Srebnik poses with friends. The Oct. 8 event brought three dozen residents to the promenade where judges (lower right) gave awards and pet lovers donated cash, dog food and used supplies to Big (& Small) Dog Ranch Rescue, a shelter that has saved and rehabilitated 50,000 canines in Loxahatchee Groves.

PHOTOS BY CARLA GEISLER AND MICHELE SREBNIK



Bella, cutest.



Blackie, funniest.



Stella, most original.



Bradie, scariest.



Rosie & Bentley, best ensemble.



Cookie, best effort.





ADVERTISEMENT

RHOME
By Castle Group®



RHOME by Castle Group® makes renting a breeze. Our commitment to communication, technology, and transparency allows landlords across Florida to save time and money on their leasing and property management needs.

Our team is outfitted with modern technology to make your experience as efficient and streamlined as possible. You'll receive professional, specialized service unique to your property with the goal to maximize your return on investment.

# OUR SERVICES

### 24/7 CUSTOMER SERVICE
Our team is readily available and equipped to deliver excellent and professional service

### MAINTENANCE
We respond to day-to-day tenant's maintenance requests.

### RESIDENT SCREENING
We conduct screening on all tenants and handle every aspect of getting your investment rented.

### CUSTOMER RELATIONS
Positive Tenant Relations & Tenancy Agreement Compliance keeps tenants and owners happy.

### ACCOUNTING
We take care of your accounting, including monthly financial reporting and tax filings, where applicable.

### MARKETING
Effective Marketing & Leasing services keep your properties filled and performing at their peak potential.

954-660-1850 rhome@castlegroup.com www.castlegroup.com/rhomerentals

# Volunteering in the neighborhood

*Continued from page A1*

kitchen every week and it was rewarding.

After living at Casa Costa for two years, I looked at various places to volunteer, and ended up joining the St. Vincent de Paul Society of Boynton Beach. It's a Catholic organization that serves the poor and the suffering. SVPD was founded in 1833 by a group of young students in Paris who were inspired by the life and teachings of a seventeenth century priest who devoted himself to helping the needy. The society soon spread to other countries and continents, becoming one of the largest charitable organizations in the world. Today, it boasts over 800,000 members called Vincentians in 150 countries.

People of every religion, ethnicity and background who are in need call an intake operator for Palm Beach county. The operator routes their concerns to the chapter nearest to the person in need, which turns donations they receive into assistance for the needy in the form of rent money, help with an FPL bill or gift cards for food. Sometimes we Vincentians just listen to their stories and offer them hope. Our support is transitional – a temporary bridge for the person – so a big role we play is connecting them to other local organizations for help in the future.

In the last few weeks, I met with a young homeless man who needed food assistance for him and his girlfriend. My wife and I met him in the parking lot of a strip mall, gave him Publix gift cards and told him about The Soup Kitchen and Farm Workers Coordinating Council, which advocates for seasonal workers.

Later we then met with a couple who both have serious health concerns and can no longer work. Their limited Social Security benefits are not enough to cover all of their bills. Our society paid their rent for the month, and we spent the next 45 minutes reviewing assistance available from other local or federal organizations.

Through this outreach, I have discovered the many public and private organizations that are available to people in need. Dialing 211 is a great resource in Palm Beach County; the operator provides so much information regarding support that is available, whether it's financial, emotional or informational.

The Soup Kitchen on Boynton Beach Blvd. serves meals Monday through Saturday. Since 1983, they have served over 3 million meals. Others are Boca Helping Hands, The Caridad Center and The Jewish Family Services of Boca. These groups are always looking for donations and volunteers.

The Social & Welcoming Committee is looking for ways to support our community. One way is for Casa Costa to sponsor a family with meals during the Thanksgiving and December holidays. We will have donation opportunities at our social events so residents can contribute. The city does not have a social worker or social service department, so are turning to other organizations to provide us with a family to sponsor. This will be a small way for the Casa Costa to give back.

As Winston Churchill said: "We make a living by what we get. We make a life by what we give." *CC*

ADVERTISEMENT



**If this looks familiar, we need to talk.**

It may be time to repair or replace your lock, or consider a keyless deadbolt. I've fixed or upgraded dozens of **CASA COSTA APPROVED** door locks in the last year.

I guarantee your satisfaction – and I live here, so I'm always available to assist. **FREE, NO OBLIGATION CONSULTATION**. PRICED FOR ANY BUDGET.

Email Steve at **casacostalocks@gmail.com**

ADVERTISEMENT

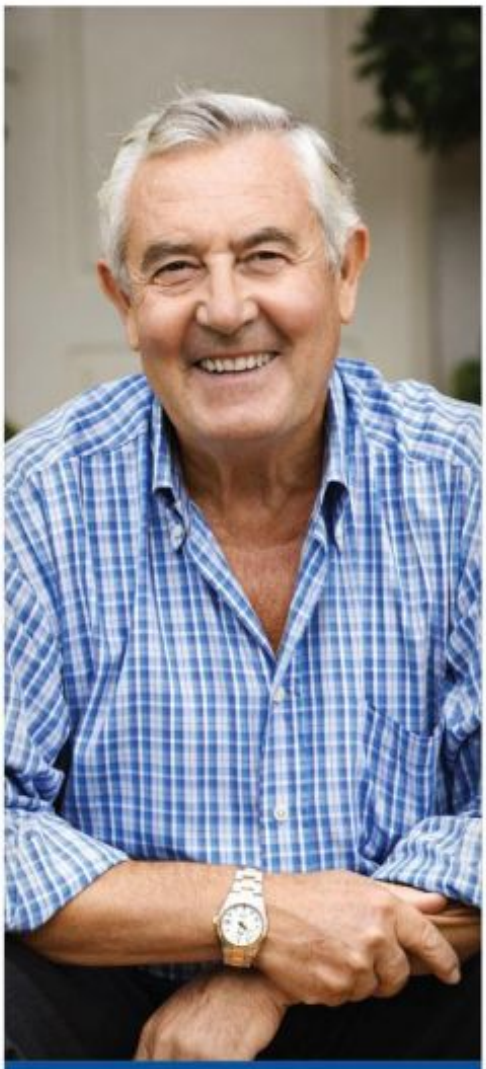
AN IMPORTANT MESSAGE FROM MEDICARE



"I found a better deal on prescriptions."




"We found lower co-pays."



"I found a plan that works better for me."

WHAT WILL YOU FIND DURING MEDICARE OPEN ENROLLMENT?

Medicare Open Enrollment Oct. 15 - Dec. 7

WWW.MEDICARE.GOV
1-800-MEDICARE (TTY 1-877-486-2048)



**BRIAN GOLDMAN** | Retirement specialist at Casa Costa
**412-897-0760**
brian.goldman@successfs.com
GoldStandardMedicare.com

Gold Standard Financial Group

# Coaster classifieds

Get rid of those keys in your pocket or purse. Steve installs Casa Costa approved keyless **DOOR LOCKS** or replaces the standard ones: casacostalocks@gmail.com

Matt Hirsch is the secret weapon for all your **HANDYMAN** needs: 561-444-6315

If you don't know Roberta Mann, you're just not paying attention. Contact your go-to Coldwell Banker **REAL ESTATE AGENT**: 412-999-2888

If a child you know needs intervention… for reading and writing skills, contact Ellen to **TUTOR** before they are comma-tose: 973-580-0583

First, try resetting. Then call Jay Shapiro for **COMPUTER REPAIR** or help setting up your tech: 917-318-5659

RHOME By Castle Group®

Looking to lease out your residence? Maximize your return, not your hassle with RHOME. They bring technology and service expertise to individual condo unit **RENTAL MANAGEMENT** for owners: 954-660-1850

Holly sits, walks and trains your dog. Contact her for a **PET CARE** orientation today: www.purr-fect.biz

Immune support, emotional balance, anti-aging **HEALTH SUPPLEMENTS** are downstairs at Longevity Secrets. Use discount code "Local20" at: LongevityReserve.com

Andre at Waterfront Homes and Condos LLC has a top-secret 4 percent commission special. Visit his **REAL ESTATE BROKER** office downstairs or WaterfrontHomesTeam.com

Quiche me, they're French – at Café Prélude **BAKERY**: 561-536-5386

Brian Goldman has forgotten more about Medicare and **RETIREMENT PLANNING** than you've ever known: 412-897-0760

Lori Porges provides peace of mind for snowbirds as your **HOME CARETAKER**: casacosta.away@gmail.com

Join Bobby Hall's **WATER AEROBICS** every Mon., Wed. and Fri. at 9 a.m.

PLEASE SUPPORT OUR ADVERTISERS

# Local events

CC SOCIAL

**THANKSGIVING KICKOFF**
Sun., Nov. 19 | 6 p.m.
Banquet hall | $25
*Turkey sponsored by GD&C Law*

**VETERANS DAY CEREMONY**
Sat., Nov. 11 | 11 a.m.
Veterans Memorial Park | Free
*Park is right across N. Federal Hwy*

CC SOCIAL

**HOLIDAY PARTY**
Thurs., Dec. 7 | 7 p.m.
Pool deck | $25 (early bird price)
*Full bar & live music sponsored by Hotwire Communications*

CRA

**HOLIDAY BOAT PARADE**
Fri., Dec. 8 | 6:30 p.m.
Boynton Beach Marina | Free
*Festively decorated boats travel from Lantana to Delray Beach*

BUY TICKETS: CASACOSTABB.COM/EVENTS

# City says street work ending

Casa Costa's parking garage has been the farthest east that drivers can venture on Boynton Beach Blvd. since early July.

City officials say a midsummer sewer pipe leak required them to tear up the road for an emergency fix. They then fast-tracked a street improvement project that they'd planned for years before reopening the 600-ft. stretch that fronts Marina Village.

Plans include increasing parallel parking spaces and adding a dog park at the eastern horseshoe end of the road. That turnaround sits on unstable land deemed unsuitable for vehicle traffic. Carl Frumenti, a project manager for the city's public works department, said he expects the work to be completed by the end of the year. CC

ADVERTISEMENT

**JAY SHAPIRO COMPUTERS**
SINCE 1998

Protection is our middle name

- Computer & cell phone setup
- Tutoring
- Virus removal
- Laptop screen repair
- Data transfer/recovery

**CALL JAY TODAY FOR 10% OFF**
917-318-5659
JayShapiroComputers.com