

EST. 2022

BOYNTON BEACH
FLORIDA

CASA COASTER

OCTOBER 2026

VOLUME V
ISSUE 7



OUR SPONSORS



MAKE IT TO THE BACK PAGE TO
LEARN HOW TO SPONSOR US

CLEAN SWEEP

High-tech housekeepers made stubborn problems disappear. Now the Board is looking for other investments that could make Casa Costa look better – and cost less over time.

Service Keepers arrived in September with an unusual sales pitch for a janitor: fewer mops, more machines.

A month later, some of the results are hard to miss.

The Miami-based company focused its equipment on some of the property's most stubborn trouble spots. Lobby marble is sparkling again. Hallway carpets received special attention, especially the four lower levels, home to short-term rentals and marked by leaks, spills and accidents that left behind stains long considered permanent guests.

Management had tried its own machine while professional cleaners offered expensive estimates but no guarantees.

Service Keepers attacked the stains with commercial equipment, specialized cleaning chemistry and an acid rinse. The unwanted guests were finally evicted.

A cleaned-up Casa Costa isn't on one vendor. But the early results reflect the Board's decision to change housekeeping philosophies and invest in technology that can pay long-term dividends.

Lighting may be next.

Maintenance staff currently replaces dozens of inefficient fluorescent bulbs each week. The Board is considering a broad LED retrofit to reduce energy costs and eliminate time spent changing bulbs. Executed correctly, motion-sensor LEDs dim with inactivity and are proven to save money while increasing curb appeal.

A previous board replaced the inefficient legacy garage lights with LEDs, but chose fixtures designed for indoor use. Hung upside down in an active garage, their motion sensors quickly failed. The lights mostly lasted. Their energy-saving feature didn't.



PROOF OF WORK: New housekeepers pulled a haul from a hallway carpet before deploying green chemicals to kill stubborn stains. The before-and-after marble in an elevator landing speaks for itself. PHOTO: SERVICE KEEPERS

CAREER COUNSELING

Golf simulator? Yoga studio?
Meet the room that needs a real job.



MR. B INVESTIGATES

Why the beat goes on at the pool,
plus I met a new yogi pal



CASACOASTER.COM | SOUTH FLORIDA'S #1 POOLSIDE AMUSEMENT



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OPINION

✉ LETTERS TO THE PUBLISHER

Upgraded but still unhinged

I just sat down and read the new *Casa Coaster*, and I have to say, I really love the changes! The newsletter has come a long way since 2022. The new layout, presentation, headlines, photography and overall newspaper-style format give it a much more polished and engaging feel – while still maintaining the unique personality and humor that make the *Coaster* what it is.

You overcame a few obstacles and challenges in the beginning, which makes it especially nice to see how far the paper has come and how much it has evolved.



HUMBLE BEGINNINGS: Production values have improved since the December 2022 debut. The questionable editorial judgment remains.

And many thanks for continuing to put the time and effort into keeping our community informed, entertained and connected.

I knew this was a great idea when you first introduced it, and it's wonderful to see the idea really come into its own over time.

Great job!! And you can print that!

ROBERT HALL
SOUTH TOWNHOMES

Kudos for a view behind the scenes

I wanted to take a moment to express my gratitude for the continued work being done at Casa Costa.

In particular, the recent addition of the “Behind the Scenes” section in the weekly resident email is an excellent improvement. It feels like a thoughtful response to feedback that I know I have shared over time, and I am sure many others have as well.

For the first time since being part of the Casa Costa community, especially now that I am away after the winter season, I genuinely feel

informed about what is happening at the property.

Of course, there will always be differing opinions or people who feel there is more to the story, but from my perspective, the increased communication has been reassuring and greatly appreciated. I hope others are feeling the same sense of connection and transparency.

Since this feature is new and particularly informative, it might deserve recognition in the *Casa Coaster*. Instead of focusing on a Dunce of the Month, maybe there could be a Kudos of the Month section that highlights positive progress and contributions.

KARA PAIGE LANDRY
NORTH TOWER

CASA COASTER

**SOUTH FLORIDA'S
#1 POOLSIDE AMUSEMENT**

Volume V, Issue 7

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MR. B'S WILD RIDE: We summoned a Circuit escort in January 2025.

Do you use our almost-free local rideshare?

There is an asset in Boynton Beach that should be helpful to all residents every day.

It's called Circuit, an “on demand” service paid for by the local CRA and only \$1 per rider.

Service includes transportation to: the beach, Publix, Walmart, Walgreens, doctor

appointments, restaurants, strip malls, shopping centers and even a friend's home for a visit. It runs from north of Gateway, west to Seacrest, south to Walmart and east to the beach.

With all electric vehicles, Circuit's response time is typically less than five minutes since there are four vehicles available. Download the “Ride Circuit” app and check it out.

JIM TARLTON
SOUTH TOWER

Crafty gamemaker is ready to roll

I am so excited to be returning this year as an official owner at Casa Costa! We rented for a few years, and despite all the changes, needed upgrades, staff transitions and general uncertainty, we were still certain that we wanted to buy and call this place home. We were enamored by the location and hopeful about pending and activated improvements. However, the biggest selling point was you. The welcoming, close-knit community was the number one reason for making this commitment.

Whether sitting poolside meeting residents and visitors or finding new activity partners at

the Thursday gameplay sessions I host in the clubroom, this community truly feels like home. I must also give an honorable mention to our dedicated social committee, which hosts a plethora of fun, perfectly executed activities.

I look forward to restarting our Thursday Gameplay (3PM – 5PM) toward the end of October, running through mid-May. We have a blast playing Scrabble and Rummikub, and occasionally close out with a bit of trivia. If you are new to the games, please come by and I will happily teach you! If you are a pro, please join in too.

After all, it's not just about the game – it's about camaraderie and new friendships created.

Some of you might remember my attempts last year to create a



Creative Collaborative, where Casa Costa “creatives” could work side-by-side in the beautiful, free space at the nearby Arts & Cultural Center. We ended up meeting in my

apartment instead, learning the digital art app Procreate on our iPads. It was a very satisfying experience for all of us!

This season, I am hoping to realize my original vision. Whether you are a crafter, artist, knitter or photographer, there is a seat for you at the table.

I will post bulletin board updates in the mailroom and on the Casa Costa website. In the meantime, email me with any questions.

See you in paradise soon!

SANDI SACKS
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WRITE THE PUBLISHER

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We may edit letters for length and clarity.

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MR. B

INVESTIGATES

Bootleg boogie

I ARRIVED BACK TO THE PROPERTY MID-SEPTEMBER TO A SERIES OF SURPRISES – MOST PLEASANT, TWO IRRITATING, ALL MYSTERIOUS. BY JOHN BATTISTA

1 The beat goes on.

It had been over two years since the tunes stopped. Was it grumblings about which genre to play? Could we not decide how loud it should be, so we just pulled the plug? What changed?

The truth is out there, but it's not terribly spicy.

It turns out that Castle Group staff simply stopped pressing play. When KW took over, there was no music so they assumed there never had been. The prior setup was a bit weird anyway: a TV on a high shelf, tucked away in a secret closet off the men's locker room, playing one of the music channels through Hotwire. Turning it on and off required a key and a ladder. The speakers atop the club room and fitness center are pointed cleverly, so the sixth-floor balconies aren't blasted. However, occasionally, Hotwire would rearrange the channel lineup, so we'd wake up to Latin Rap instead of Remember the '80s.

The new solution is a commercial-free Pandora station. I'm pretty sure the \$5 monthly subscription doesn't include broadcasting rights to the pool deck, so don't invite your copyright lawyer friend over to swim.

2 The machines have taken over.

I think we've finally cracked the code for a clean building: spend a little more for commercial-grade equipment. The lobby marble is an entirely different color.

3 Christmas came early.

The unintentionally festive coloring of some cocoplums along the fifth-floor walkways is an unwelcome gift that's turned into a real whodunnit.

Landscapers blame a chemical burn from nearby pressure washing. Building staff says the irrigation system was broken for weeks, which the landscapers didn't notice or didn't speak up. Regardless of who deserves coal in their stocking, KW was arranging for replacement plants as we hit our press deadline.



4 Serial murder investigation: What's killing our batteries?

Swapping out four AA batteries is easy to do, but I was caught off-guard when I checked the Schlage app and mine were nearly drained after three months when I was mostly out of town. I'm so used to the keypad that I've stopped carrying metal keys altogether.

I asked Steven Mills of CC Building Services, our resident expert from the south tower. Steve installed my lock, as well as everyone else I know. He said that he's gotten multiple reports that the battery life has suddenly dropped in half. His prime suspect is the Hotwire upgrade.

This makes sense to me because I didn't use the keypad or motor for months, so it must be how the WiFi is talking to the lock. Steven is on the case, talking to Hotwire, messing around with WiFi settings, testing lithium batteries.

Stay tuned.



SEPTEMBER 2026

BY THE
NUMBERS



2 Units Sold
DOWN 33%



4 New Leases Signed
NO CHANGE



47 Work Orders
DOWN 6%



565 Visitors Logged
DOWN 10%



204 Contractors Logged
UP 6%



5 Violations
DOWN 55%



2,520 Packages Delivered
UP 7%



40 Amenities Reserved
UP 21%

COMPARISON TO AUGUST 2026





MR. B

INVESTIGATIONS

Questions asked. Mysteries solved.
Probably.

PUT HIM TO WORK

Tips • Rumors • Mysteries • Things That Don't Add Up

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SERVING CASA COSTA SINCE 2022

POOL DECK • NORTH TOWER
SOUTH TOWER • PARTS UNKNOWN

No pretzels required

Sometimes the most interesting journeys are the ones we never planned.

For Eunice Polido, known to her friends as Nice, that journey began in Brazil and eventually brought her to Boynton Beach, where she now teaches Kaiut Yoga. And, as I recently discovered, she may have started a journey for some of us at Casa Costa as well.

Nice came to New York City in 1985 to visit her sister, fell in love with the city and decided to make the United States her home. She later moved to Long Island, where an important part of her life began: yoga. She became friends with her instructor, who one day became sick and asked Nice to teach the class. She discovered that she loved teaching.

After moving to South Florida, Nice continued teaching, with an emphasis on flexibility and movement. A student introduced her to a method created by Francisco Kaiut that focuses on mobility and joint health. The approach fit with the way Nice wanted to teach.

Today, she teaches at Wildflower Yoga Studio on Ocean Avenue, owned by her longtime friend Sara Jane Buchbinder.

Nice's message to anyone curious about Kaiut Yoga is simple: "At least try a class." For anyone who has ever thought, "I'm not flexible enough" or "it just isn't for me," Kaiut offers a different perspective.

It isn't about being the most flexible person in the room or performing the perfect pose. Nice believes the method is for everyone, regardless of age, gender or fitness level. Its focus can be particularly useful for people who want to stay active in sports such as golf and tennis.

But Nice says there's another benefit that may be just as important: quiet.

In a world of constant noise, phones and distractions, her classes give students time to be silent and listen to their bodies.

I recently took Nice's class with seven other Casa Coasters. I wasn't sure what to expect, but quickly discovered this wasn't the kind of yoga where you have to twist yourself into a pretzel. Instead, we worked



through movements that felt purposeful and, at times, surprisingly challenging.

And apparently, I'm hooked. Belinda and I are already signed up for more.

During that first class, another participant, Luis, shared a story that caught my attention. He'd met Nice at a dog park, where their conversation turned to a knee injury that had forced him to stop playing recreational soccer. Nice encouraged him to try one of her classes. Less than a year later, Luis told us, his knee pain was gone and he was back playing with his friends.

Her path to Kaiut Yoga wasn't planned. It started with a visit to New York and grew from one unexpected opportunity after another.

Now she's sharing it with others. And who knows? Maybe a few of us at Casa Costa are just beginning our own journey.

This room needs a real job

AS IT IS NOW



A blank space with a complicated résumé.

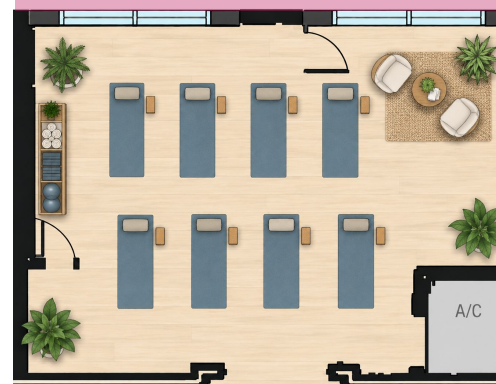
TAKE IT EASY?

A resident lounge or library



STRIKE A POSE?

Remove walls for a yoga studio



YOUR TURN

The size of a large one-bedroom apartment, the space has many possibilities – including reprising its role as a secret lab for startups.

SHARE YOUR IDEAS:
casa.coaster.news
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The Board wants input on the future of an 850-square-foot space on the lobby level of the north tower. Labeled in blueprints as “concession room,” it’s presumed that developers intended the space as a sundry shop for hotel guests.

The hotel concept shelved, the room sat empty. Years ago, the Association

rented it to an owner running a travel agency. That plan fell apart because the room sits behind security, unlike the retail storefronts. Temp work continued.

In 2024, a resident tried hosting yoga classes there but found it too cramped. More recently, the space has housed suitcases, golf bags and other items after

a room with storage cages was evacuated to accommodate emergency shoring.

Last October, an entrepreneur in the south tower rented the space shared with clutter for a top-secret project. He used a 3D printer to invent PelletGuard, a specialty wood pellet bag handling and dust-containment system. It’s now

available for \$249 plus shipping.

Once cleared out, the concession room will again be up for grabs. Today the space is configured with a partial-height enclosed office and a large closet. In its current form, its rental value is roughly \$14,000 annually for the right user – if it’s not reimaged as an amenity.

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THURSDAY
OCTOBER
29TH

Poolside Mingle
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5PM



SUNDAY
NOVEMBER
8TH

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DECEMBER
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DUNCE OF THE MONTH



FRANKLY, WE'RE DISAPPOINTED. Last month, someone raided the community fridge and made off with 25 frozen hot dogs and a stash of ice cream sandwiches intended for a future Social Committee event. That's enough processed meat and dairy for a very strange party. We're sorry we can't throw it. PHOTO: JOHN BATTISTA

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